

# RAÚL G. GÖSTHE

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## EMPLOYMENT

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### **Holy Cross Medical Group**

Fort Lauderdale, Florida  
Orthopaedic Surgeon  
Holy Cross Orthopedic Institute

October 2018-Current

### **Jackson Medical Group**

Miami, Florida  
Associate Medical Director  
Department of Orthopaedic Surgery

August 2016-August 2018

## ADMINISTRATIVE POSITIONS

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### **Trinity Health**

#### **Hip and Knee Expert Panel Member**

Helped evaluate system-level protocols for hip and knee arthroplasty and fracture care while establishing best practices for both local and national implementation.

2019-2020

### **Holy Cross Orthopedic Institute**

#### **-CME Fellowship Director**

Established a biweekly CME Orthopaedic Conference at Holy Cross. Discuss myriad topics including pre-op/post-op conference, landmark research articles, fellowship education, and morbidity/mortality conference.

2020-current

#### **-Adult Reconstruction Fellowship Attending**

Educate our Adult Reconstruction fellows both clinically and academically and instrumental in shaping the current fellowship schedule.

### **Jackson South Medical Center**

#### **Orthopaedic Joint Replacement Bundle Payment Implementation Committee—Co-Chair**

Developed order sets, protocols, and implemented changes to hospital infrastructure to increase efficiency, improve patient satisfaction and maximize profit in preparation of CJR bundle payments as a health system wide initiative.

2017- 2018

## EDUCATION

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### **Cleveland Clinic**

Weston, Florida  
Orthopaedic Adult Joint Reconstruction Fellow, Class of 2016

August 2015-July 2016

### **Jackson Memorial Hospital**

Miami, FL  
Orthopaedic Surgery Chief Resident, Class of 2015

July 2014- June 2015

### **Jackson Memorial Hospital**

Miami, FL  
Orthopaedic Surgery Resident, Class of 2015

July 2011- June 2014

**Jackson Memorial Hospital**  
Miami, FL  
Orthopaedic Surgery Intern

GÖSTHE 2  
June 2010- June 2011

**University of Miami Miller School of Medicine**  
Miami, FL  
Doctor of Medicine

August 2006- May 2010

**University of Florida**  
Gainesville, FL  
Bachelor of Science, Physiology and Kinesiology

August 2002- May 2006

## **PROFESSIONAL MEMBERSHIPS**

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**American Association of Hip and Knee Surgeons (AAHKS)**  
Active Fellow

**American Academy of Orthopaedic Surgeons (AAOS)**  
Active Fellow

## **RESEARCH PUBLICATIONS**

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(Forthcoming/Submitted for Journal of Arthroplasty Publication Pending Acceptance) 2022  
"Acetabular Component Positioning Learning Curve in Anterior Total Hips: Does it Exist Post-Fellowship?"  
Gösthé RG, Davis F, McNamara CA, Sanders KC

Journal of Arthroplasty 2017  
"Fluoroscopically Guided Acetabular Component Positioning: Does It Reduce the Risk of Malpositioning in Obese Patients?"  
Gösthé RG, Suarez JC, McNamara CA, Calvo C, Patel PD

Arthroplasty Today 2016  
"Revision Total Knee Arthroplasty Using a Custom Tantalum Implant in a Patient Following Multiple Failed Revisions"  
McNamara CA, Gösthé RG, Patel PD, Sanders KC, Huaman G, Suarez JC

Journal of Arthroplasty 2015  
"Alcohol Misuse is an Independent Risk Factor for Poorer Postoperative Outcomes Following Primary Total Hip and Total Knee Arthroplasty"  
Matthew J Best, B.S.; Leonard Thomas Buller, M.D.; Raúl Gösthé, M.D.; Klika, M.S.; Wael K Barsoum, M.D.

Complex Primary and Revision Total Knee Arthroplasty: A Clinical Casebook 2014  
Book Chapter: "Complex Primary TKA: Management of Previous Hardware (posttraumatic OA)"  
Juan Suarez, M.D. and Raúl Gösthé, M.D.

## **PODIUM/POSTER PRESENTATIONS**

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**American Academy of Orthopaedic Surgeons (AAOS) Annual Conference—Poster** 2022  
"Do Intra-articular Corticosteroid Injections after Unicompartamental Knee Arthroplasty Increase the Risk of Periprosthetic Joint Infection?"

**Technology and Innovation In Orthopedics Symposium—Podium**

1. Revision Joint Arthroplasty Section—"When I use a wound vac"
2. Revision Joint Arthroplasty Section—"When I use dual mobility"

**Orthopaedic Trauma Association (OTA) Annual Meeting—ePoster**

2020

**Technical Tricks and Innovation**

"2 Screws, 1 Hole: The 1-incision Technique for 2 Proximal Locking Screws in Retrograde Femoral Intramedullary Nails"

**Technology and Innovation In Orthopedics Symposium—Podium**

2020

Revision Joint Arthroplasty Module—"When I use a wound vac"

**Southern Orthopaedic Association Annual Meeting—Podium**

2018

**Palm Beach, FL**

"Anterior Hip Learning Curve: Does it Still Hold True After a Dedicated Anterior Hip Fellowship?"

**Florida Orthopaedic Society Annual Meeting—Podium**

2018

**St. Petersburg, FL**

"Anterior Hip Learning Curve: Does it Still Hold True After a Dedicated Anterior Hip Fellowship?"

**American Association of Hip and Knee Surgeons (AAHKS)—Poster**

2017

"Perioperative Outcomes of Direct Anterior One-Stage Bilateral and Unilateral Total Hip Arthroplasty"

**International Congress for Joint Reconstruction Conference—Podium**

**New York City, NY**

2016

"Dislocation Rates Following Fluoroscopic-Guided Anterior Approach THA: The Role of Functional Pelvic Tilt"

**International Congress for Joint Reconstruction Conference—Posters**

**New York City, NY**

2016

- Fluoroscopically Guided Acetabular Component Positioning: Does it Reduce the Risk of Malpositioning in Obese Patients?
- Anthropometric Measurements of Knee Joints in the Hispanic Population
- Perioperative Analysis of One-Stage Bilateral Direct Anterior Total Hip Arthroplasty
- The Influence of Surgeon Handedness on Acetabular Component Position During THA

**Southern Orthopaedic Association Conference—Podium**

**Naples, FL**

2016

"Perioperative Analysis of One-Stage Bilateral Direct Anterior Total Hip Arthroplasty"

**Southern Orthopaedic Association Conference—Podium**

**Naples, FL**

2016

"The Influence of Surgeon Handedness on Acetabular Component Position During THA"

**Southern Orthopaedic Association Conference—Poster**

**Naples, FL**

2016

"The Influence of Surgeon Handedness During TKA"

**Florida Orthopaedic Society Meeting—Podium**

**Orlando, FL**

2016

"Perioperative Analysis of One-Stage Bilateral Direct Anterior Total Hip Arthroplasty"

**Florida Orthopaedic Society Meeting—Podium****Orlando, FL**

“Dislocation Rates Following Fluoroscopic-Guided Anterior Approach THA: The Role of Functional Pelvic Tilt”

2016

**Cleveland Clinic Research Meeting—Podium****Weston, FL**

“Perioperative Analysis of One-Stage Bilateral Direct Anterior Total Hip Arthroplasty”

2016

**Cleveland Clinic Research Meeting—Poster****Weston, FL**

“The Influence of Surgeon Handedness on Acetabular Component Position During THA”

2016

**University of Miami Orthopaedic Grand Rounds**

“Complex Primary Total Knee Arthroplasty—A Review”

2015

**University of Miami Orthopaedic Grand Rounds**

“Indication for Primary Total Knee Arthroplasty”

2014

**FIELD-RELATED EXPERIENCE**

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**Latin Medical Student Association, National Meeting**

Lectured medical students from across the US and Caribbean on proper suture and casting technique

2013

- Lecture and workshop

**Musculoskeletal Anatomy Teaching Assistant**

Arranged a relationship between the medical school anatomy class and our orthopaedic residents, allowing us more cadaveric anatomy exposure and the medical students’ surgical correlation

2013

**Research/Office Assistant, Orthopaedics**

Mark Brown, M.D., Ph.D.—Chairman Emeritus, University of Miami; Director of Miami Center for Orthopaedic Research and Education (C.O.R.E.)

*Miller School of Medicine at the University of Miami, Miami, FL*

2007

- Gathered patient data for a future study. Performed various office tasks, particularly organizing patient files. Also attended clinic with Dr. Brown, thereby gaining experience in proper physician-patient interactions in an orthopaedic setting. Additionally, learned how to develop differential diagnoses in the realm of orthopaedics.

**Intern, Biomechanics Laboratory**

Mark Tillman, Ph.D. / John Chow, Ph.D.

*University of Florida, Gainesville, FL*

2006

- Assisted in every aspect of the research process. Worked in conjunction with two Ph.D. recipients, as well as an M.D. recipient on a separate project. Most involvement was directed toward patients with paraplegia. Also helped develop a research protocol, designed certain testing tools and helped implement the agreed upon procedure. This consisted of testing healthy, young adult males through a rigorous exercise routine in an attempt to test the efficacy of a proposed ergogenic aid. Another project focused on determining the biomechanical advantage of power-assisted wheelchairs vs. conventional wheelchairs and examining their impact on the users’ quality of life.

**Lab Assistant, Department of Muscle Physiology**

Stephen Dodd, Ph.D.

*University of Florida, Gainesville, FL*

2004

- Assisted with a study on physiological and pharmacological factors affecting skeletal muscle hypertrophy and atrophy. Injected rats with various amounts and types of neurotoxins in order to measure their effects on force production, primarily in the triceps surae muscles in the rat hind leg.

## COMMUNITY SERVICE AND EXTRACURRICULAR ACTIVITIES

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### Misioneros del Camino [Missionaries of the Path]

November 2008

#### Emmaus Medical Mission Trip

- Traveled to Guatemala with physicians from the local Miami community and all over the U.S. to provide care for thousands of indigenous and medically neglected patients. Provided free cleft lip and palate repair surgeries, as well as other multiple surgical treatments to a multitude of children and adults.

### Assistant Academic Society Trainer

2008-2009

*Miller School of Medicine at the University of Miami, Miami, FL*

- Helped train first and second year medical students on proper physical exam techniques, including respiratory, cardiovascular, abdominal, musculoskeletal and neurological exam.

### Student Ambassador

2008-2009

*Miller School of Medicine at the University of Miami, Miami, FL*

- On various occasions, have welcomed prospective first-year medical students to the University of Miami campus. Have assisted in tours of the medical campus and participated in the prospective-student/medical student lunch to answer questions about medical school life and the University of Miami.

### Co-founder and President

2005-2010

#### F.R.E.E. Org., Inc.

- A non-profit organization which initially supported its mission to provide international medical assistance to developing nations, particularly Chile. Since then, **F.R.E.E.** (Forming Roots, Enriching Everyone) transformed into a disaster-relief foundation, providing assistance to multiple countries immediately following myriad natural disasters.

### Participant/Member

2007

#### Department of Community Service (D.O.C.S.)

- Participated in D.O.C.S., a student-run organization aimed at providing medical care by providing screening tests in local health fairs to various communities throughout South Florida. Have worked in various stages since 2006, ranging from the vitals station to check out, where both medical students and physicians discuss the results of the exams with the patients and, if necessary, recommend further care.

### Public Relations Manager; Tamiami Health Fair

2007

- Under D.O.C.S., was responsible for recruiting patients to the health fair through a myriad of communication outlets such as online and print media, community group outreach and flyer distribution. Achieved a greater than 400% increase in the total number of patients seen over the previous year's equivalent health fair.

## RECOGNITIONS AND CERTIFICATIONS

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- 2018 Recipient of "C.A.R.E. Award" for patient satisfaction—Jackson South Medical Center
- 2015 American Board of Orthopaedic Surgery—Board Certified
- 2015 Active Florida Medical License
- 2015 Active DEA License
- 2015 Recipient of VA "Challenge Coin"
- 2014-2015 Recipient of "Outstanding Orthopaedic VA Resident" Award

- 2015-current BLS certified
- 2006 Presidents Honor Roll, University of Florida
- 2002-2006 Dean's List, College of Health and Human Performance
- 2004-2006 Golden Key International Honor Society
- 2003-2006 Phi Eta Sigma National Honor Society

**SKILLS**

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- Fluent in English, Spanish. Conversational German